

## **Thursday**

**Read** [Mark 14: 16 – 25](#)

**Consider** what colours you imagine as you read the story, and which colour is most prominent? How does that colour make you feel? On your Holy Week chart colour the first square with the prominent colour and note your feeling.

### **Reflection**

As Christians we are used to celebrating communion. Within our tradition we often call it the Lord's Supper a remembrance of why we celebrate. There is a lot of ritual within church practices, and it can be hard to move beyond that and understand the simplicity of the origins of communion. Jesus and the disciples met together to celebrate the Jewish feast of the Passover, along with almost every household in Jerusalem, indeed Jews came from far and wide to celebrate Passover and attend the temple. It was a family occasion, a time to sit and remember the story that held them together. At the end of this particular meal comes a twist, Jesus once again talks of his death we are told and looking around picks up the ordinary bread and wine to try and explain again why things were going to happen. When we share communion it should be a reminder of how we are held within the story of faith and how the common things of life can be used to help others see the message of Jesus.

### **Prayer**

Loving God, in our journey together may we remember the message of Jesus and use all that we have to share with others the love that is oneness. When we are tempted to forget our oneness may the ordinary things of life be reminders of our journey and our place in your love. Amen.