



Woodland waterfall

On a hot summer's day, in the dappled shade of trees a waterfall alerts us, and we stop to explore this oasis of beauty and the quiet trickle of water falling and flowing. In this special moment we find you deep within our heart.

In the myriad of tones and hues which we call green,
we are reminded of the diversity of your creation
and the diversity of your presence.

The stream sparkling in the sunlight
reminds us of your Spirit reflecting off acts of love
and refreshing us as we struggle with the challenges of life.

The splash of colour from deeply hidden flowers
reminds us that sometimes we must look to see, search to find,
and allow ourselves to be surprised by your beautiful presence
in the most unexpected place.

The stream bed reminds us that life has boulders,
obstacles that we must negotiate,
and sometimes change our direction to get round.
At such times we need to remember that your Spirit travels with us
and your living water refreshes when we feel exhausted or frustrated.

The falling water reminds us
that sometimes you invite to jump off the familiar path,
taking a leap of faith,
before we join another stream of life,
but we are always one with you in Spirit and love.

Whatever life throws at us we are never alone
for we are part of creation,
part of the bigger picture
and when one path ends another will begin.