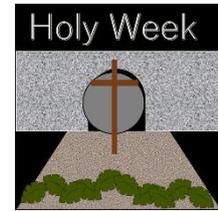


A creative walk through Holy Week 2020

Friday – morning prayer



If you can gather some small twigs or cocktail sticks or something similar, a dice and a candle.

Light the candle and say,
'Your light shines in the darkness, and your love embraces our fear. Be still and know the presence of God.'

Read John 18: 28 – 39

Sit in silence for two minutes

Read John 19:1-7

Take your twigs or sticks and lay them on the table or floor to form a crown of thorns.

Read John 19: 16-30

Throw the dice, if it lands on an even number read the words below, if it lands on an odd number sit in silence for two minutes.

Loving God forgive us for the times we have taken sides, the times we have taken advantage of a situation, the times we have acted thoughtlessly thinking of ourselves rather than others.

Read John 19:31 - 37

If you can listen to the music here -

<https://www.youtube.com/watch?v=1Rw7p8McXzw&list=PL3DBFF745BEE85A66&index=11>

If you cannot do this, then sit and quietly read Psalm 121

Blow out the candle.

Prayer

Eternal and everlasting God,
whose love for us knows no limits,
Jesus died the worst death a human being can know,
tortured, mocked, abandoned.
We stand at the foot of the cross in awe.
Loving God you are within us and around us,
you were within and around Jesus,
you felt the pain of death and you feel our pain when we suffer.
May your Spirit fill us with compassion for others,
in our oneness may we reach out to others
and hold them in their sorrow as you hold us.
Amen.

Look at the crown of thorns and in it see a nest,
capable of holding new life.

Cut around the shape and create a bird by folding in half.
Carry it with you as a sign of the promise of new life.

