

## Thoughts from a daily walk ...

Be still, for the power of the Lord  
is moving in this place.  
As we wait, anxious, afraid,  
God is at work around us.

As we listen, we hear the silence  
as it surrounds us,  
peace and calm become our blankets.  
As we listen, we hear the birds;  
their sweet, crystal notes  
filling the air - and us - with joy.  
God is at work around us.

As we watch, we see the buds  
peeping out from bare stems,  
ready to burst with the promise of new life.  
As we watch, we see the blossom  
bright in the warm sunshine,  
filling our lives with the colours of hope.  
God is at work around us.

As we sit, as we walk,  
we take the time to notice;  
we allow ourselves to breathe.  
As we communicate from afar,  
we share, we laugh, we care;  
we reach out with waves of love.  
God is at work around us.

Be still, for the power of the Lord  
is moving in this place.  
Let your fears and anxieties be stilled -  
God is at work around us.



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